

Malignant Hyperthermia – Safe and Unsafe Anesthetics

Malignant Hyperthermia Association of the United States

http://www.mhaus.org/index.cfm/fuseaction/Content.Display/PagePK/AnestheticList.cfm

(607) 674-7901 (800) 644-9737 Emergency Hotline

The following anesthetic agents are known triggers of Malignant Hyperthermia and are NOT SAFE:

Inhaled General Anesthetics

- Ancctine
- Choroform (Trichloromethane, Methyltrichloride)
- Desflurane
- Enflurane
- Halothane
- Isoflurane

- Methoxyflurane
- Sevoflurane
- Trichloroethylene
- Xenon (Rarely Used)

Depolarizing Muscle Relaxants Trigger MH

• Succinylcholine (Suxamethonium)

All other anesthetic agents outside of these two categories of Volatile anesthetic agents and depolarizing muscle relaxants are considered **SAFE**:

Barbiturates / Intravenous Anesthetics

- Diazepam
- Etomidate (Arnidate)
- Hexobarbital
- Ketamine (Ketalar)
- Methohexital (Brevital)
- Midazolam
- Narcobarbital
- Propofol (Diprivan)
- Thiopental (Pentothal)

Inhaled Non-Volatile General Anesthetic

Nitrous Oxide

Local Anesthetics

- Amethocaine
- Articaine
- Bupivicaine
- Dibucaine
- Etidocaine
- Eucaine
- Lidocaine (Xylocaine)
- Levobupivacaine Mepivicaine (Carbocaine) Procaine (Novocain)
- Prilocaine (Citanest)
- Ropivacaine
- Stovaine

Narcotics (Opioids)

- Alfentanil (Alfenta)
- Anileridine
- Codeine (Methyl Morphine)
- Diamorphine
- Fentanyl (Sublimaze)
- Hydromorphone (Dilaudid)
- Meperidine (Demerol)
- Methadone
- Morphine
- Naloxone
- Oxycodone
- Phenoperidine
- Remifentanil
- Sufentanil (Sufenta)

Safe Muscle Relaxants

- Arduan (Pipecuronium)
- Curare (The active ingredient is Tubocurraine)
- Gallamine
- Metocurine
- Mivacron (Mivacurium)
- Neuromax (Doxacurium)
- Nimbex (Cisatracurium)
- Norcuron (Vecuronium)
- Pavulon (Pancuronium)
- Tracrium (Atracurium)
- Zemuron (Rocuronium)

Anxiety Relieving Medications

- Ativan (Lorazepam)
- Centrax
- Dalmane (Flurazepam)
- Halcion (Triazolam)
- Klonopin
- Librax
- Librium (Chlordiazepoxide)
- Midazolam (Versed)
- Paxipam (Halazepam)
- Restoril (Temazepam)
- Serax (Oxazepam)
- Tranxene (Clorazepate)
- Valium (Diazepam)